



FIRST AID AT WORKPLACE

16 – 17 OCTOBER 2018 (TUESDAY & WEDNESDAY), 9.00 AM – 5.00 PM

Venue: Sunway Hotel, Bandar Seberang Jaya, Penang



Target Group: OSH Practitioners; Security Managers and Personnel; Human Resource Managers and Personnel; Safety and Health Committee Members; Emergency Response Team Members; All levels of employees and interested individuals.

Introduction:

First aid at workplace aims to give a more comprehensive coverage on the understanding and practical guidance as well as the theoretical aspects of first aid to the volunteers and the public based on the concept of prevention. When someone becomes ill or injured, there is usually a short period of time before you can get professional medical assistance. It is that length of time that is most critical to the victim. What you do, or don't do during that period of time can make the difference between life and death. It has been shown that proper initial handling of the accident victims contributes significantly to the final outcome and often determines if a life could be saved. This program will impart the basic practical knowledge of First Aid and CPR.

Learning Objectives

By the end of this program, participants should be able to:

- ✓ Respond to emergencies safely;
- ✓ Understand basic first aid principles and its procedures;
- ✓ To recognize, assess and support the most common emergencies until professional help arrives;
- ✓ Be aware of the importance of proper safety procedures; and
- ✓ Identify common injuries at the work place and how to deal with them.

HRDF Claimable
under SBL Scheme

Program Delivery Methods:

All the training sessions will be conducted through lectures, hands-on practical sessions, power point presentations, practical simulation exercise, group work, case studies, activities and also assessment.

Examination/Assessment

All participants must attend not less than 80% of the session. All participants are to sit for the examination that consists of 2 sections:

- Theory test = 50% (Consists of oral and written)
- Practical/Skill test = Pass or Fail (Including CPR skill test)

Participants must pass the theory test and the CPR skills test to be awarded with the "St. John Ambulance of Malaysia" certificate.

Course Content

Day 1 (16 Oct 2018)

Module 1

- ✓ First Aid Priority
- ✓ CPR
- ✓ Difficulty Breathing
- ✓ Loss of Consciousness
- ✓ Recording Pulse Rate
- ✓ Management of Wounds and Bleeding I
- ✓ Management of Internal Bleeding and Shock

Module 2 – Injury Emergencies 1

- ✓ Dressings and Bandages
- ✓ Management of Wounds and Bleeding II
- ✓ Injuries to Soft Tissues

Day 2 (17 Oct 2018)

Module 3 – Injury Emergencies 2

- ✓ Injuries to Bones I
- ✓ Injuries to Bones II
- ✓ Injuries to Bones III

Module 4- Medical Emergencies, Poisoning, etc.

- ✓ Medical Emergencies
- ✓ Poisoning
- ✓ Eye, Ear and Nose Injuries

Course Leader

Experienced Qualified Trainer(s) from St. John Ambulance of Malaysia.

Investment / Participation Fees

Normal fee: RM 850.00 / participant

10% group discount for three (3) or above registered participants from the same company or subsidiaries

**Closing Date for Registration:
09 October 2018**

REGISTRATION FORM



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No.	Name of Participant(s)	Designation	Vegetarian? (please tick <input type="checkbox"/>)
1			
2			
3			

Registration Submitted By:

Company Name:

Company Address:

Contact Person:

Designation:

Tel:

Fax:

Email:

Payment: Enclosed herewith Cheque/ Bank Draft (No. _____) amounting to RM _____ for () participant(s), crossed and made payable to "flexiEdge Training PLT". OR Bank in / transfer to our CIMB Bank A/C No.: 800 794 3431 and send us the bank in/ transaction slip.

Kindly send your completed registration form through email to Ms. Felicia Tham/ Mr. Quah Eng Siang at administrator@flexiedge.com.my or through fax to 04-646 8377. For further enquiry, please contact Ms. Felicia Tham/ Mr. Quah Eng Siang of flexiEdge Training PLT at Tel: 04-646 8377/ 012-479 8377/ 013-588 3355 Visit us at www.flexiedge.com.my

Terms and Conditions

1. Fees are inclusive of program kits, refreshments, lunch and certificate of attendance.
2. Program confirmation will be given through email before the program date.
3. (a) Cancellation / notice of withdrawal must be given in writing (email) to us before program confirmation, no fee shall be charged.
(b) No cancellation is allowed once our program confirmation is emailed to you. However, if registered participant is unable to attend, replacement is allowed. No shows shall be fully billed. No refund if participant/ replacement does not turn up on the training day.
4. flexiEdge Training PLT has the right to change the dates, time, venue, course leader or cancel the scheduled training due to unforeseen circumstances beyond its control.

*This program can be customised for In-House Training upon request.
Please contact Ms. Felicia Tham/ Mr. Quah Eng Siang @ 04-646 8377/ 012-479 8377 or email us at administrator@flexiedge.com.my for more details or proposal.*